

**WAIVER** (Must be signed)

I know that participation in the PaceSetters XC Run/Walk is a potentially hazardous activity. I understand that I should not participate in the event unless I am in good physical condition. I hereby assume the risk of any injury, including but not limited to falls, contact with other participants, effects of the weather, including cold, high heat or humidity, traffic and conditions of the road or course, and I release, discharge and hold harmless the volunteers, staff, all event sponsors and all others in any way connected with the event from any and all claims for injury or damages arising from my participation in it. I hereby permit the event the free use of my name and picture in broadcasts, telecasts, newspapers, periodicals, websites and brochures that report or promote the event.

Signature: \_\_\_\_\_  
(If under 18 years of age, authorized signature of Guardian)

Date: \_\_\_\_\_

Emergency Contact and Number:  
\_\_\_\_\_

**Send completed registration form and payment to:**

PaceSetters XC Run  
PaceSetters Inc.  
P.O. Box 681  
Menasha, WI 549452-0681



*PaceSetters of the Fox Cities*  
P.O. Box 681  
Menasha, WI 54952-0681

**3rd Annual  
PACESETTERS  
XC  
Run/Walk**

Winnebago  
County Park  
Oshkosh, WI

Wednesday, August 5, 2009  
6:00 pm

# 3rd Annual PaceSetters XC Run/Walk

## The Event (rain or shine)

This event is a 5k distance (3.1 mile) grass course through Winnebago County Park. Water along course. Open to the public. All ages and abilities welcome! JOIN US!

A PaceSetters "Experience the Sport of Life" event!

## Perks

For each paid participant:

- An official PaceSetters XC run/walk short sleeved T-shirt.
- Age group medals from age 9 & under to 70 & over!
- Refreshments and music!
- Restrooms on site.

## Registration

Online registration:  
www.PaceSettersRun.org

### By Mail:

Send in the attached, completed registration form with payment to the address on the back of the form.

### Cost:

Pre-registered by July 21st: \$11  
After July 21st through race day: \$16

### Directions:

Winnebago County Park is located at 501 E. Cty. Rd. Y, Oshkosh

From Hwy. 41, exit at Hwy. 76 (Jackson St.) exit, south on Hwy. 76, turn left (east) on Cty. Rd. Y

Thank You to our sponsors!



FOX CITIES • WISCONSIN

## Registration Form

Please clearly print application for accurate spelling:

First Name: \_\_\_\_\_ Initial: \_\_\_\_\_

Last Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Sex: M F Age (on 8/5/09): \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Awards:** Medals will be awarded to overall male and female finishers.

Medals will be awarded to the following age groups for the top three male and female winners: (Overall award winners are excluded from age group awards.)

Age 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 5-54, 55-5, 60-64, 65-69, 70+

### Circle shirt selection:

ADULT: S M L XL Guarantee your shirt size by pre-registering.

Run \_\_\_\_\_ or Walk \_\_\_\_\_

Total Enclosed:  
(payable to PaceSetters, Inc.) \$ \_\_\_\_\_

**WAIVER** (Must be signed on back) →

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(A tax-exempt, non-profit organization)  
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www.PaceSettersRun.org